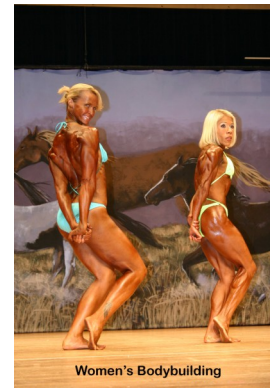




Kids Fitness



Dear Patrons:

San Antonio has certainly had it's share of bad press over the last several years since being dubbed "America's Fattest City", and "One of America's most unfit cities". Many fitness enthusiasts in our city, including our mayor, are coming together everyday to help make a difference in the lives of many San Antonian's, in an effort to increase the awareness of health and fitness, and most importantly to help others live healthier lives through exercise, fitness, and proper nutrition.

In an effort to honor many of our local residents who have become fitness leaders in our community, I am proud to announce an exciting fitness extravaganza that will highlight some of the most athletic physiques around San Antonio and other parts of the country, the "Alamo Showdown Classic." This competitive bodybuilding and fitness show is sanctioned by the International Natural Bodybuilding Federation (INBF). This non-profit organization founded in 2000 is the fastest growing drug-free bodybuilding organization in existence with over 15,000 athletes competing worldwide. Now the Alamo Showdown Classic is going on it's 8th year in the city of San Antonio.

All adult athletes competing in the Alamo Showdown Classic will undergo drug screenings by urinalysis and polygraph testing to ensure that all competitors are drug-free. The Alamo Showdown Classic will highlight athletes from the ages 6-50+ in bodybuilding, fitness and figure competitions. All of these events will be held at the Carver Community Cultural Center , October 8, @ 6:00pm..

I would like to invite you to be a part of this exciting community event that will lead San Antonio into a healthier, more fit city by becoming a sponsor of the Alamo Showdown Classic. Your generous donations and sponsorships are needed and appreciated. They will be utilized for associated production costs at the Carver Community Cultural Center, and other affiliated expense to ensure a productive and meaningful event.

Thank you in advance for your generous contributions to help our community come together through health and fitness, and to set new standards for the city that we call home...San Antonio.

Sincerely,

Miles Stovall
Promoter and owner of Personal Training by Miles And Company

