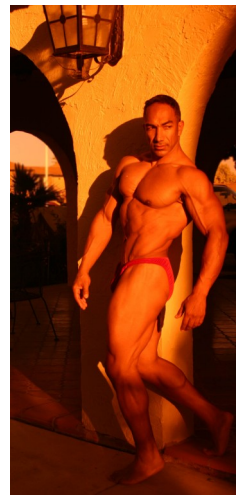




Getting your TAN ON!

Asking Miles



After 20 years of competing, I have seen the best in color of competitors on stage, and the worst. I have tried various methods and products for my skin color and have found that I'm still formulating the perfect color for me. Every venue is different, but you can bet, that the lights will be super bright and hot during judging with all. The back ground has a lot to do with the way you look on stage as well. But you can't go wrong with plenty of color....sometimes....

Here are some commons problems from people



-Hello, my name is **Marcia Martian**, and when I'm on stage my color has a green tinge to it. What did I do wrong?

Miles- Well Marcia, you probably used a product called Jan Tana. This product usually has a green tinge to it when used. I don't know if they have various colors, but most of this line tints green.



-Hello, my name is **Dripping Drew**, and when I start to sweat on stage my color looks like someone threw a bucket of brown paint on me....yuk!

Miles- Well Dripping, applying multiple coats of any product too close to show time will cause the tanning product to sit on the skin and drip dark when you sweat. Start your color early in the week and let it soak into your skin. Rinse lightly each day but reapply. Don't forget to lube up with a good moisturizer because most tanning products have high amounts of alcohol in them, which could dry out the skin.



-Hello, my name is **Splotchy Sachie**, and I don't know why every time I use color for stage, I have dark splotches all over me. I look like a leopard!

Miles- Oh my, Ms Splotchy... that could be really bad. Well, maybe you applied too many coats of color at once. Or your skin didn't absorb the color well enough. Make sure you apply one -two coats each day leading up to the show about 5 days out.

My Take on Tanning Products:

I make sure I have a base sun tan before competition. I try and get natural rays as apposed to beds. I have gone without a tan before and it didn't help my color. I try and start my color early in the week to get a base going. I rinse lightly each night and apply copious amounts of Lubriderm after I dry off to help replenish moisture loss. I apply a coat starting on Monday and follow through to Friday. If I need a coat Saturday morning, I might apply a light coat. My last show, I applied dream tan...what a mess! But, some people like it. I did use dream tan's "Dark Knight" and it was a good spray on tanner. I used a 4" sponge cabinet roller to apply this. I normally use "Pro Tan", but I found DK had less alcohol, and it also painted darker. Some people are doing the spray tan air brushing. This is a hit or miss, and sometimes the color runs....because it doesn't have time to soak it. I am not against it, but this should be done as a final touch after you have formulated a nice bronze base. When color sits on the skin and doesn't soak in, it tends to do weird things. Be careful not to compile coats at the end...because it will end up a mess on stage. Too much color can also look un natural, so get others advice.

Good luck and Happy Tan !

Miles